



Clearwater Secondary School

School District No. 73 (Kamloops/Thompson)
R.R. #1 BOX 1951 • Clearwater • BC • VOE 1N0
Telephone: (250) 674-3328 Fax: (250) 674-2162

SCHOOL FRUIT AND VEGETABLE PROGRAM

To: *All students of Clearwater Secondary School*

What is the BC School Fruit and Vegetable Nutritional Program?

The BC School Fruit and Vegetable Nutritional Program is part of ActNow BC, an initiative to improve the health of BC children and families.

Students and school staff will receive a fresh fruit or vegetable snack twice a week every other week. Eating the recommended amounts of fruits and vegetables improves children's health and improves children's ability to concentrate. The fresh and nutritious fruits and vegetables to be served in the Program will be grown in BC subject to availability.

If you **DO NOT** want your child to receive these healthy snacks please indicate below.

I have read and understand the School Fruit and Vegetable Program explained above. I understand that by filling out the information below – I **do not** want my child to participate in this program.

Student's Name

Parent's Signature